



After significant discussion and upon a recommendation received from Unity Worldwide Ministries, our Board of Trustees has voted to suspend services for Sunday, March 22nd. Individual facilitators of events and activities were empowered to determine what is best for those groups. A complete list of those is available below.

As this is a very dynamic and ever-unfolding situation, additional decisions to suspend services may be required, if so we will be communicating these decisions via the home page of our website, special email blasts, and on our Facebook page. Information about changes to other events and activities will also be published via these outlets.

Above all we urge each person to take into account your own circumstances, especially any underlying health conditions or other things that might place you at risk for susceptibility and make personal decisions rooted in your own best health. The CDC has provided simple guidelines for protecting our individual health and monitoring our susceptibility located here. We urge everyone to take a moment and review the information provided.

Our office staff will continue to be on site during the week, and should mandatory quarantines be put in place, emails and voicemails will be monitored remotely and responded to in a timely manner.

Should you have any questions or concerns, please contact the office via email at [office@unitymemphis.org](mailto:office@unitymemphis.org) or by phone at 901-753-1463. If there is no answer, please leave a voicemail as these messages are retrievable via email and can be forwarded to the appropriate individual. NOTE: The church office phone is a land line and therefore cannot receive text messages. Should text based messaging be more convenient, you can message the church's Facebook page.

If you know of individuals within our community who do not receive or check emails, please help us reach them and let them know what's going on.

We appreciate everyone's support, understanding, and flexibility during these "interesting times" in which we live.

With gratitude and blessings,

The Board of Trustees and Staff of Unity Church of Practical Christianity

**Sunday Services:**

In person services suspended until further notice. An abbreviated service with message will be livestreamed via [our Facebook page](#) on Sunday mornings beginning at 10:45, and uploaded afterwards to [our YouTube Channel](#) for those not on Facebook.

**Grace in The Grove AA Group:**

Effective Friday, March 20<sup>th</sup> meetings are suspended until further notice.

**Yoga For Everyone:**

Yoga classes will follow decisions made about Sunday services. At present there will be no yoga classes on March 24<sup>th</sup>, 25<sup>th</sup>, or 26<sup>th</sup>.

NOTE: When classes do take place, our staff are sanitizing the mats we provide immediately after each class.

**Course In Miracles Discussion Groups:**

The Course groups will continue to meet on Tuesday and Thursday evenings.

**Silent Unity Prayer Service:**

The Silent Unity Prayer Service will continue to meet on Wednesdays at 11am. For those who are choosing to self-quarantine, the service will be live streamed via our Facebook page then uploaded to YouTube as with our Sunday Service. (See links above.)

**Sophia Book Study:**

As of Sunday, March 22<sup>nd</sup> we have been notified that this group will also suspend meeting until further notice.

**Sacred Bowls Meditation:**

The Sacred Bowls Meditation facilitated by Mona Winfrey was cancelled for March 21<sup>st</sup>. A determination on the April meditation will be made based on recommendations of health and civic leaders as of Wednesday, April 22<sup>nd</sup>.

**Caring Center:**

Caring Center will not meet on Thursday, March 26<sup>th</sup>.

**Game Night:**

Game Night is suspended until June 2020.

**Special Events**

3/18: Spring Equinox Celebration has been cancelled.

3/29: Cool Kids Cook Cookies sale has been postponed to Sunday, May 31<sup>st</sup>. All pre-sales from 3/16/2020 will be honored at that time.

4/4 (or 4/11): Building & Grounds Clean-Up Day has been postponed. A new date will be decided on at a later time.