# RETURNING TO MEMPHIS, TENNESSEE DR. PETER SCHOEB, DC, CM

HOLISTIC DOCTOR OF CHIROPRACTIC, NUTRITIONIST, AND MASSAGE THERAPIST

## "MEDICINAL HERBS WEEKEND COURSE":

### **3-day Intensive Training**

Certificates issued upon completion.

When: January 31st - February 2nd, 2014

Times: Friday, 7-9pm / Saturday, 9am-5pm (*lunch provided*) / Sunday, 1pm-5pm Where: Unity Church of Practical Christianity / 9228 Walnut Grove Road / Cordova, TN

"Herbs have been used for healing throughout the history of mankind & are still used by 80% of the world population for healing purposes. Recorded descriptions go as far back as 5,000 years. Since the advent of drugs, Herbs have taken second place—however, this does not reduce their effectiveness & in many instances their superiority and long term effectiveness with no or very little side effects. Continuous research increases the understanding about their biochemistry as well as expands their formal use. In this workshop we will look at some of the practical applications and contraindications of selected herbs, both nutritional and medicinal."

Dr. Peter Schoeb

#### Course Content:

Principles & uses of Medicinal Herbs. Plant parts used, preparations, & standardization.

#### Categories:

- Adaptogens
- Immunomodulators
- Antioxidants, etc.

Actions upon the body:

- Indications & Contraindications
- Herb/Drug Interactions
- Frequently Asked Questions

Plus: 22 of the most commonly used herbs in naturopathic medicine; their use, important consideration in health and disease.

- Native American herbology
- Alchemistic herbal preparations
- □ Introduction to 35 herbal applications from the Edgar Cayce Readings
- Each participant will do their own preparation of an actual tincture and a massage oil for your personal use, and much more

Cost for 3 Day Intensive Course: \$150 (plus \$25 materials fee)

Early Bird Registration: \$120 - Deadline: January 20, (50% deposit accepted).

Contact BJ Remi: 901-461-3131 / <u>bjremi@gmail.com</u> / for registration and appointments



Dr. Schoeb will also be offering:

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# "NATURAL ALTERNATIVES TO TREAT PAIN & INFLAMATION"

Saturday, February 1, 2014 - 7pm til 9pm / Cost : \$20

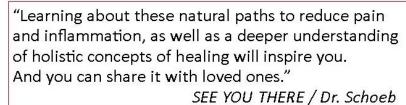
(This event is included for all attending the "Medicinal Herbs Weekend Course.)

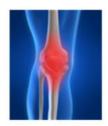
Contact BJ Remi: 901-461-3131 / bjremi@gmail.com

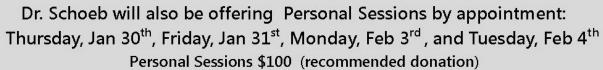
"Pain is a natural response of the body indicating an imbalance, inflammation or a disorder/disease.

Following proper assessment & diagnosis, there are in many cases **natural alternatives** to reduce pain and inflammation and/or to

assist the body in its own healing.'







(Sliding scale available by request for those with aging issues or facing financial hardship.)
"The Edgar Cayce Readings provide a treasure chest of commonsense wellness advice and body-mind-spirit interrelations. You will receive holistic information based on your personal situation.
These are highly inspirational and provide a new outlook. They include consultation, and/or passive movements & stretches, as needed, again based on the Edgar Cayce Readings."

Dr. Peter Schoeb

These sessions are not intended to diagnose, treat, cure or prevent any disease.

**Dr. Peter Schoeb, DC, CMT**, a native of Switzerland, is a holistic Doctor of Chiropractic, Nutritionist, and a Licensed Massage Therapist of many years. He trained with Dr. Harold Reilly in the early 1980's in massage and holistic therapies as found in the Edgar Cayce Readings. Dr. Reilly had worked directly with Edgar Cayce for many years and was also Bob Hope's personal physical therapist.

Dr. Schoeb was on the faculty of a chiropractic college for eight years, he taught at massage therapy schools, including the Cayce/Reilly® School of Massotherapy for over 15 years. In the past 30 years, Dr. Peter has taught Cayce-based health and wellness in North & South America, Japan, and in Europe. He maintains a Cayce-based wellness practice in Tempe, AZ, also part-time at the A.R.E. Health Center in the historic Cayce hospital in Virginia Beach, VA.

Body-mind-spirit integration & spiritual practice are hallmarks of his practice & personal life.